

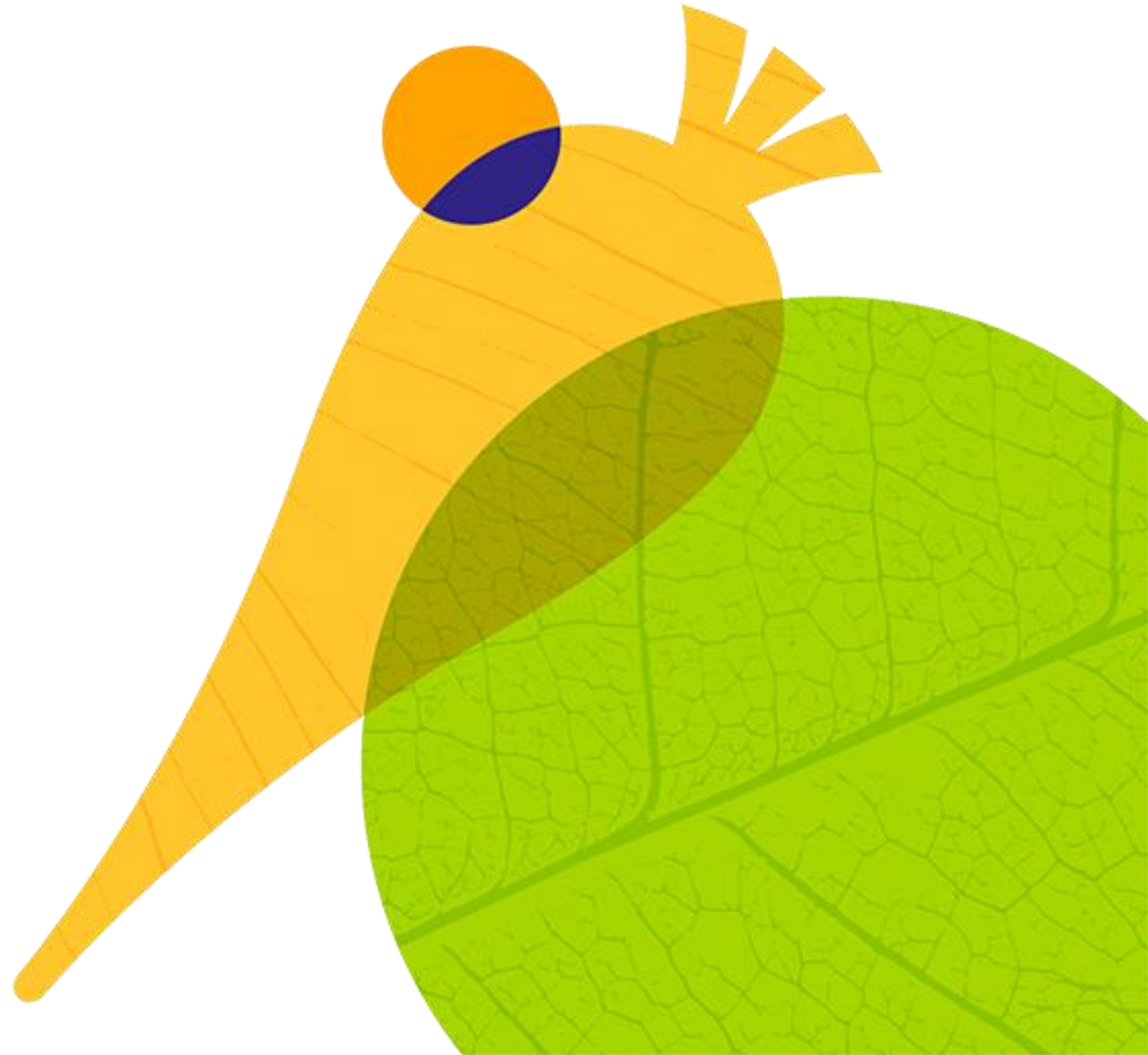
Chicory as multi ingredient health booster

The sweet impact of chicory's bitter taste

Crop Innovation & Business, March 28 2022

Matthew de Roode

Inspired by Inulin

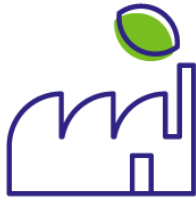


Sensus

- Leading supplier of **chicory root fiber** (inulin)
- Process chicory roots into **Frutafit® inulin** and **Frutalose® oligofructose**
- Established in 1995



500
dedicated
local farmers



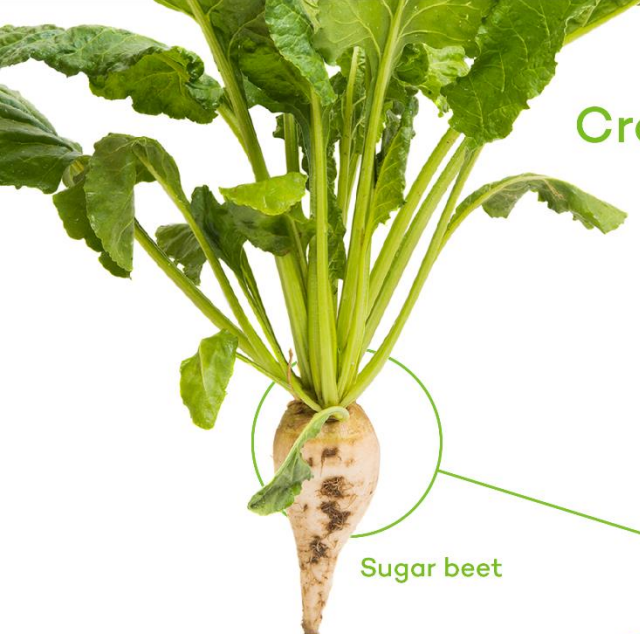
2
production
sites



3
sales offices



150
employees

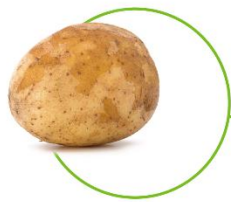


Crops → Processing and innovation → Solutions

Sugar beet



Chicory



Potato



Vegetables & Fruit



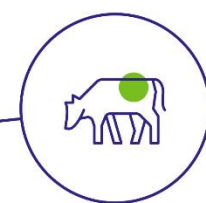
Aviko
Cosun Beet Company
Duynie Group
Sensus
SVZ



Food



Food ingredients



Feed



Pet food



Biobased solutions



Green energy

Chicory root – an underutilised crop

- Crop competition on the Dutch arable field
 - Excluding vegetable crops
 - Photo sizes represent the average Dutch acreage 2018-2021



Chicory
(0,6% of the
arable land)



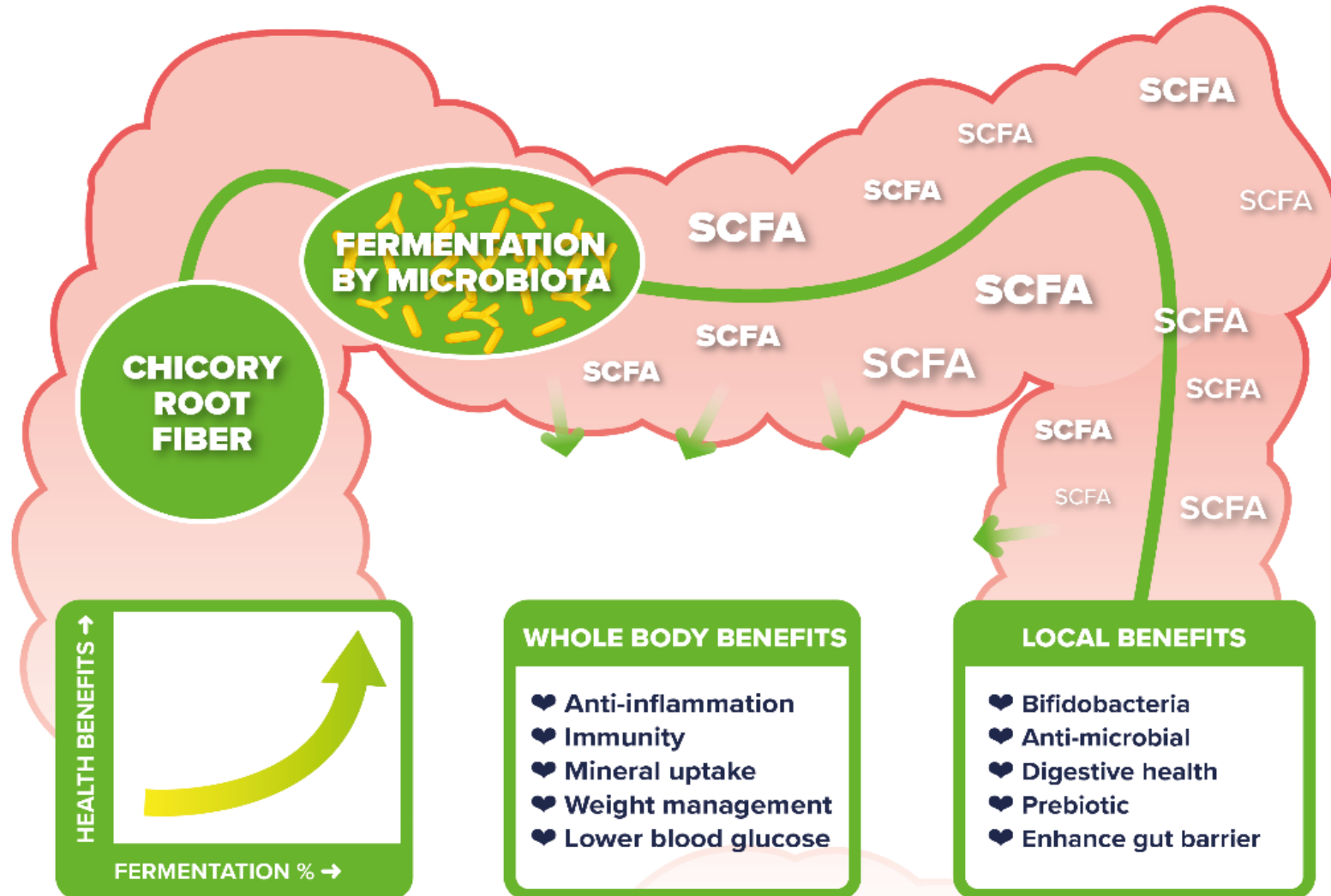


**We believe in inulin to
contribute to
consumer health**

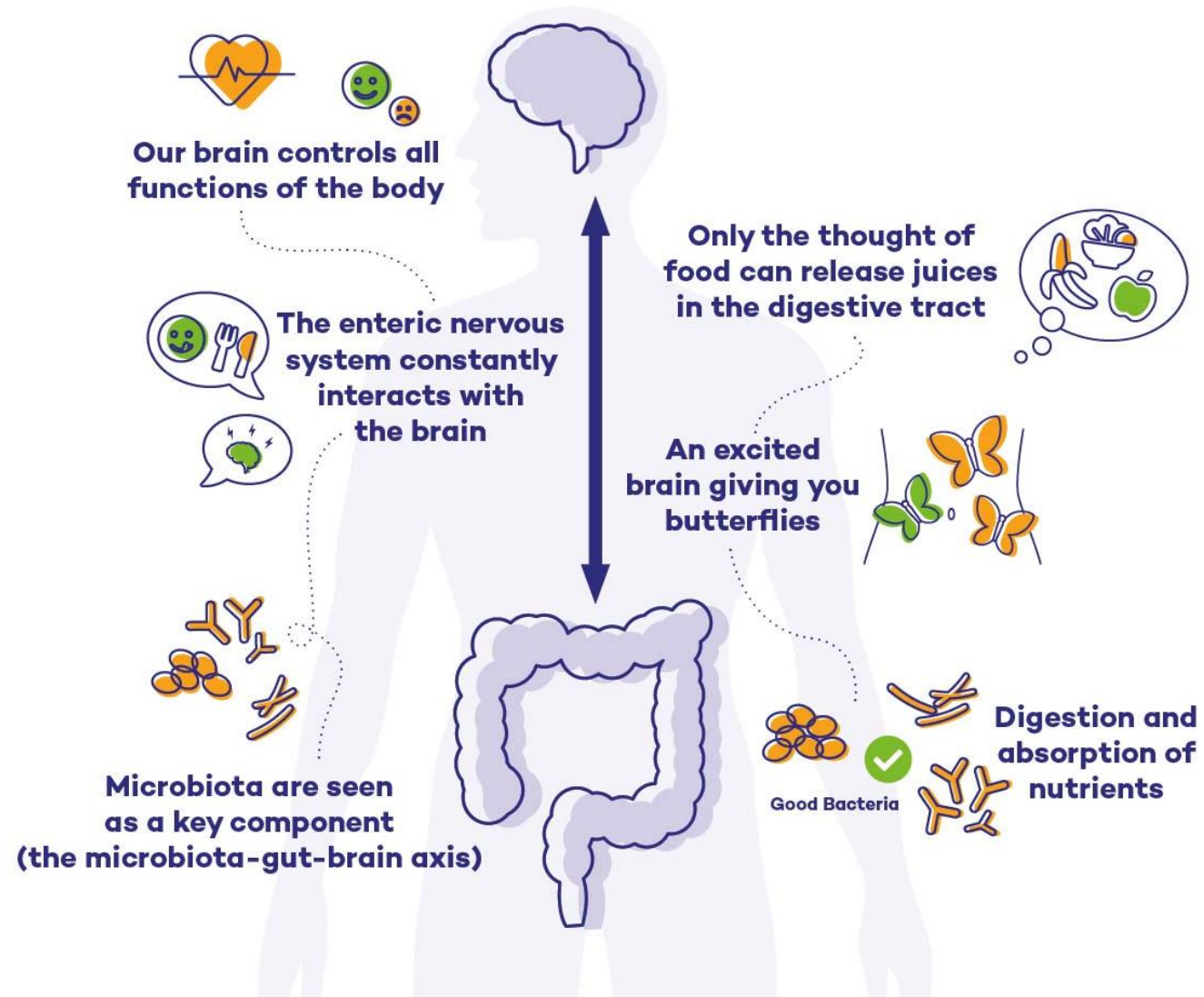
*Inulin is a prebiotic that is not
digested in our digestive
system, but completely
fermented in our gut by our gut
microbiota*

Healthy gut microbiota means healthy body

FERMENTATION = BENEFITS ↑



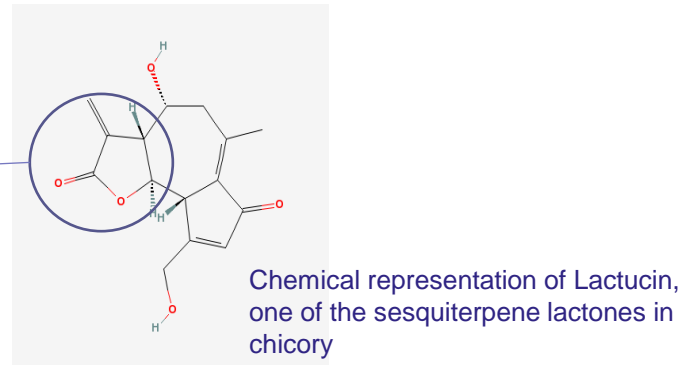
...and even a healthy brain



Bitter components in chicory

- Chicory contains bitter tasting sesquiterpene lactones
- Name refers to a certain class of chemical components
 - Literally: “one-and-a-half times more (*sesqui*) terpene than lacton”

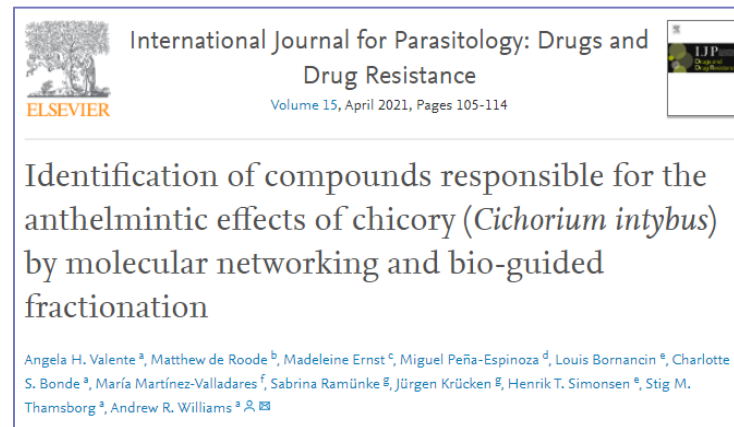
“lacton”-part that is
assumed to cause the
bitter taste



- Secondary metabolites as defense against foraging and pests
 - Herbivores⁴, Locust species (*Schistocerca gregaria*)¹, Beetle species², Caterpillar species², Nematodes (*Globodera*)³, Fungi species³

Potential of SL's - Anthelmintic

- Anti-parasitic action of chicory has been known for a long time
- ...but chicory contains at least 12 different SL's
- Research at the University of Copenhagen
 - Predominant SL's with a synergistic action identified
 - PhD defence coming Friday!



Potential of SL's – Crop protection

- SL-stream was concentrated with mild technologies
 - Rich in sesquiterpene lactones
 - Process and product patented
- Activity against *Stemphylium* and *Cercospora* on sugar beet
 - No significant difference with two commercial products in climate chamber tests
 - Significantly better performance than no treatment in field tests
 - Effective dosis 1 g/ha



Photo: IRS

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(54) Title: CHICORY EXTRACT AS A FUNGICIDE

(57) Abstract: The invention relates to the use of chicory extracts comprising sesquiterpene lactones obtainable by solvent extraction of the root and/or the leaves of the chicory plant as a fungicide. The present invention has found that certain extracts of the chicory plant have a fungicidal effect against *Stemphylium botryosum* and/or *Cercospora beticola* on crops such as sugar beet and potato. The fungicidal effect is believed to be due to the presence of sesquiterpene lactones in the extract. Accordingly, an aspect of the invention concerns the use of a chicory extract obtainable by solvent extraction of chicory plant material as a fungicide on crops. A further aspect of the invention concerns a process for preventing and/or controlling fungal infestation of crops using a chicory extract obtainable by solvent extraction of chicory plant material.

Potential of SL's – Anti inflammatory



- Project CHIC
 - A EU-funded project to investigate new breeding techniques (CRISPR-cas9)
 - Chicory as case study because of its interesting health promoting properties
- The SL's activity has been assessed from a pharmaceutical viewpoint
 - Anti inflammatory activity has been shown in *in vitro* tests
 - Antifungal activity (*Candida* species) has been shown in *in vitro* tests



molecules

Article

Supercritical CO₂ Extraction as a Tool to Isolate Anti-Inflammatory Sesquiterpene Lactones from *Cichorium intybus* L. Roots

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Stakeholder communication



- Communication in this project is key
 - CRISPR-cas9 techniques are perceived with reservations and face regional restrictive regulations
- Stakeholder dialogue meetings to investigate the opinion towards these techniques
 - Growers, ingredient manufacturers, food producers, consumer groups, NGO's & governmental organizations were and are still actively involved
 - Current feedback (panels were prompted with different scenarios)
 - If the EU keeps considering these techniques as GMO
 - No application in food is foreseen
 - Medicinal applications are seen as acceptable
 - As soon as the EU does not consider these techniques as GMO, no application hurdles are foreseen

Take outs

- Albeit being a small commercial crop
 - Chicory root is the source for inulin, an established health ingredient
 - Its secondary metabolites enable even more potential in health applications
- Sensus is involved in a broad spectrum of research projects
 - To investigate the commercial potential of these health applications
 - To support an increased focus of chicory on the fields